

## Worksite Evaluations – How do they help identify rehabilitation options?

Specialist Functional Evaluations are designed to identify key issues of the functional impact of any injury. They objectively measure capacity for work and manage activities of daily living. They enable informed decision making about how best to drive cases forward either by investment in targeted vocational rehabilitation or to move towards settlement.

Here we set out how a **Worksite Evaluation** highlighted a way ahead for the parties involved. This may not always involve a full return to work, in some cases it is about removing the barriers to realistic vocational outcomes that then allow the parties to understand and agree upon the likely future outcome and achieve an earlier settlement of the case.

### Case Background

- **Mature manual worker**
- **Temporary light duties in place**
- **Need to identify a permanent solution**



Following an accident at work, the client a delivery driver, in his 40's had sustained a wrist injury that left him with functional mobility restrictions that precluded a return to his original role. His medical intervention had ceased.

At the time of instruction the client had been working for some months on lighter duties that excluded driving and manual handling. While the employer had been able to accommodate this in the short term the point had been reached where long term deployment decisions needed to be made. There was no Occupational Health resource available within the employer's business to support moving the graduated return to work phase on to a permanent solution.

A **Worksite Evaluation (WE)** was requested. An analysis of the job demands at the worksite and subsequent tests with the worker using the Matheson system concluded that he was actually at his optimum post-accident functional recovery. The functional restrictions identified during the assessment confirmed that he would not be able to meet the day-to-day demands of manual handling as a delivery driver without risk of further injury in the future. Consequently there was no prospect of returning to that role.



INVESTORS IN PEOPLE



URS is a member of Registrar of Standards (Holdings) Ltd.  
Certificate No: 60364/A/0001/UK/En

**Inspire • Excel • Achieve • With Integrity**

Proclaim Care Limited, 2 Cadzow Park, 82 Muir Street, Hamilton, ML3 6BJ  
Telephone: 01698 207755 e-mail: [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk)  
Registered in Scotland No. 287770

The client's current temporary sedentary role was also assessed that day and recommendations were given to the client, and employer, that would keep him in his post-accident role in the longer term. This gave clarity to the client and his employer about his long term work capacity within the business.

### **Outcome**

- The employer was in a position to make an informed decision about the client's future capacity for available roles within in the business over the long term
- The client had a clear understanding of the role(s) he could realistically perform in the future both with his current or any future employer
- Consequently if the business could not accommodate the client in his sedentary role over the long term a realistic strategy for alternative job seeking could be put in place
- Both the employer and the client had clear, tangible and agreed results to work with for case resolution

**Proclaim Vocational Services offer a number of specialist functional assessments including;**

- **Work Capacity Evaluation**
- **Workability Evaluation**
- **Functional Capacity Evaluation**
- **Ergonomic Evaluation**

If you would like to learn more about PVS services please visit our website [www.proclaim-care.co.uk](http://www.proclaim-care.co.uk)  
To arrange a specific discussion of your requirements or to see a sample report please contact:-

**Our Business Development Team at**  
[helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk)