

## FUNCTIONAL CAPACITY EVALUATION (FCE)

### What is it?

A functional evaluation of the client's ability to safely perform the physical and cognitive tasks that relate to the requirements of their daily life and work. The evaluation is designed to establish limitations to inform a rehabilitation programme. It also helps to reinforce positive behavioural change, for example improved posture.



### Who is it for?

A service suitable for clients who require specialist advice and support to understand their physical and cognitive capabilities including the management of daily living tasks, leisure activities and work.

The evaluation is delivered by an experienced Occupational Therapist using the Matheson system is usually conducted as part of an ongoing programme or as a precursor to establish direction in potential rehabilitation support.

### What does the service offer?

- A bespoke objective functional evaluation to help understand the client's physical and cognitive capability
- Clinical assessment of mobility, postural tolerances and fitness and endurance
- Assessment of ability to safely manually handle loads
- Assessment of any limiting factors such as pain
- A concise report detailing findings and impact of current functional ability on daily personal or work activities
- Vocational rehabilitation recommendations designed to achieve and maintain functional level

### Access to the service

To arrange an **FCE** you can instruct, or us online by visiting [www.proclaim-care.co.uk](http://www.proclaim-care.co.uk) then click the 'appoint us' icon. Alternatively, call us on 01698 207755 to discuss your specific requirements.